

DR. MERCOLA®

SUGGESTED USE: Adults, as a dietary supplement, take one (1) tablespoon daily to support metabolic health[†].

Organic MCT Oil may be taken directly, mixed into smoothies, teas or coffee, or added to cold dishes, such as yogurt or salads. Not recommended for cooking. No refrigeration required.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Metabolic Health[†]



Energy Production[†]

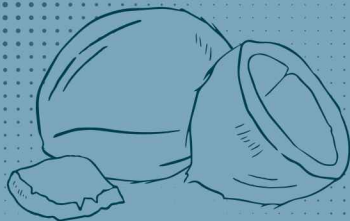


Blood Flow Support[†]

BIOTHIN®

MCT OIL

from Organic Coconut



Dietary Supplement

16 FL. OZ. (1 PT.) 473 mL

Supplement Facts

Serving Size: 1 Tbsp. (15 mL)
Servings Per Container: About 31

	Amount Per Serving	%DV
Calories	120	
Total Fat	13 g	17%*
Saturated Fat	13 g	65%*
<i>Trans</i> Fat	0 g	**
Polyunsaturated Fat	0 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Medium Chain Triglycerides (MCTs)	13 g	**
Caprylic Acid (C8)	7 g	**
Capric Acid (C10)	5 g	**
Lauric Acid (C12)	1 g	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

INGREDIENTS: Organic Medium Chain Triglyceride Oil (from Organic Coconut).

CONTAINS TREE NUTS (COCONUT).

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

CERTIFIED ORGANIC BY: QCS

Providing quality products since 2001.

SOY FREE | GMO FREE | GLUTEN FREE

**KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS BROKEN.
IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION
OR HAVE A MEDICAL CONDITION, CONSULT YOUR
PHYSICIAN BEFORE TAKING THIS PRODUCT.**

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