

ELECTROLYTES

HYDRATE[†]

Perfect for on the go, this mineral-enhanced formula provides magnesium, potassium, and sodium and chloride from sea salt to help your body fight occasional muscle fatigue and optimize your hydration during and after workouts.[†]

Enjoy a powerhouse blend of refreshing lemon lime flavored electrolytes with zero grams of sugar. Simply mix the contents of the packet into at least 16 fl. oz. of water, and stir until fully dissolved.

5 SOURCES OF
ELECTROLYTES

15
CALORIES

0g
SUGAR

Per Serving

WE BELIEVE IN
FUELING
YOUR BODY
WITH THE
RIGHT
INGREDIENTS,
SO YOU HAVE
THE POWER
TO BECOME THE
STRONGEST
VERSION OF
YOU.[†]

PURE
POWER



PURE
POWER



ELECTROLYTES

LEMON LIME

Natural Lemon and Lime Flavors with Other Natural Flavors

5 SOURCES OF
ELECTROLYTES

15
CALORIES

0g
SUGAR

Per Serving

MAGNESIUM • POTASSIUM • SEA SALT



SUGGESTED USE: Adults, as a dietary supplement, mix one (1) packet (8 g) with 16 fl. oz. of water or beverage of choice.

Supplement Facts

Serving Size: 1 packet (8 g)
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Calories	15	
Total Carbohydrate	1 g	<1%*
Total Sugars	0 g	
Magnesium (from Dimagnesium Malate)	60 mg	14%
Chloride (from Sea Salt)	580 mg	25%
Sodium (from Sodium Bicarbonate, Sea Salt)	800 mg	35%
Potassium (from Coconut Water, Potassium Bicarbonate)	200 mg	4%
Coconut (<i>Cocos nucifera</i>) Water	600 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural Flavors, Malic Acid, Organic Steviol Glycosides (from Organic *Stevia rebaudiana* Leaf), Silicon Dioxide.
CONTAINS TREE NUTS (COCONUT).

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF PACKET IS TORN OR DAMAGED.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.



[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIETARY SUPPLEMENT | 30 PACKETS | NET WT. 8.5 OZ. (240 g)