

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily.

For skin hydration†

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

10425-v100



DR. MERCOLA®

CERAMIDES FOR SKIN HYDRATION

5 mg Per Capsule

30 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin C [Ascorbic Acid (from Red Orange Complex™)]	5 mg	6%
Konjac (<i>Amorphophallus konjac</i>) Root Extract	125 mg	*
Glucosylceramide	5 mg	*
Red Orange Complex™ [Moro, Sanguinello, and Tarocco Red Orange (<i>Citrus sinensis</i>) Fruit Extract (on Tapioca Maltodextrin)]	100 mg	*
Anthocyanins	2.8 mg	*
Hydroxycinnamic Acids	1.8 mg	*
Flavanones	8.5 mg	*

*Daily Value (DV) not established.

OTHER INGREDIENTS: Capsule (Hydroxypropyl Methylcellulose), Microcrystalline Cellulose, Silicon Dioxide.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA, (877) 985-2696

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