

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, HAVE A BLOOD COAGULATION OR OTHER MEDICAL CONDITION, OR ARE TAKING MEDICATION SUCH AS ANTICOAGULANTS CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

10163-v300



DR. MERCOLA®

VITAMINS D₃ & K₂



5,000 IU Vitamin D₃
180 mcg Vitamin K₂ (MK-7)

Per Capsule

30 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol)	125 mcg (5,000 IU)	625%
Vitamin K ₂ [as Menaquinone-7 (MK-7, from Chickpea)]^	180 mcg	*

*Daily Value not established.

OTHER INGREDIENTS: Organic Rice Flour, Glycerol Monostearate, Capsule (Hydroxypropyl Methylcellulose), Microcrystalline Cellulose, Medium Chain Triglycerides, Ascorbyl Palmitate, Rosemary (Leaf) Extract.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

Providing quality products since 2001.

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