

Sleep Formula™

Synergistic Botanical Combination



60 vegetarian capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule

Servings per Container 60

Amount per serving: %DV

Valerian (root) (*Valeriana officinalis*)* 300 mg †
Standardized to concentration of 0.8% Valerenic Acid

Lemon Balm (aerial parts) (*Melissa officinalis*)* 80 mg †
4:1 Extract

Hops (flower) extract (*Humulus lupulus*)* 60 mg †
0.3% flavonoids

Passionflower (flower) (*Passiflora incarnate*)* 40 mg †
Standardized to 3.5% vitexin

† Daily Value (DV) not established

Other ingredients: vegetarian capsule (hypromellose & water) vegetable stearate

*Certified organic or wildcrafted

5126-LB12

Suggested use for adults:

1-2 capsules nightly for sleep, one hour before bedtime, or 1 capsule three times daily for a calming effect. Take as directed by your health care practitioner.

This product contains no yeast, wheat, soy, corn, milk, salt, sugar, artificial coloring, preservatives or flavoring.

This product is intended for professional use and is manufactured under strict quality control to ensure the optimum in purity, potency and reliability.

Keep in a cool, dry place tightly capped.

Produced by Karuna Corporation
42 Digital Drive #7, Novato, CA 94949
800-826-7225

