

MAXXUM Basic™

Two-A-Day
High Potency Formulation
of Vitamins and Minerals



60 vegetarian capsules
Dietary Supplement

Supplement Facts

Serving Size 2 Capsules
Servings per Container 30

Amount per serving:		%DV
Vitamin A (mixed carotenoids)	5,000 IU	100%
Vitamin C (ascorbic acid)	200 mg	333%
Vitamin D3 (cholecalciferol)	1000 IU	250%
Vitamin E (d-alpha tocopherol succinate)	200 IU	666%
Vitamin K1 (phylloquinone)	120 mcg	150%
Vitamin B1 (thiamine)	15 mg	1000%
Vitamin B2 (riboflavin)	17 mg	1000%
Vitamin B3 (niacinamide)	200 mg	1000%
Vitamin B6 (pyridoxine HCl)	20 mg	1000%
Folic Acid	800 mcg	200%
Vitamin B12 (methylcobalamin)	60 mcg	1000%
Biotin (d-biotin)	300 mcg	100%
Vitamin B5 (d-calcium pantothenate)	100 mg	1000%
Calcium (citrate/malate 2:1)	150 mg	15%
Iodine (potassium iodide) [kelp source]	150 mcg	100%
Magnesium (citrate/malate)	75 mg	19%
Zinc (gluconate)	15 mg	100%
Copper (amino acid chelate)	1.5 mg	75%
Manganese (amino acid chelate)	2.3 mg	115%
Chromium (amino acid chelate)*	200 mcg	167%
Selenium (L-selenomethionine)*	200 mcg	286%
Molybdenum (aspartate)	75 mcg	100%

1100-LB5

Suggested use for adults:

Two capsules daily, with meals, or as directed by your health care practitioner.

This product contains no yeast, wheat, milk, salt, sugar, artificial coloring, preservatives or flavoring.

This product is intended for professional use and is manufactured under strict quality control to ensure the optimum in purity, potency and reliability.

Keep in a cool, dry place tightly capped.

*Non-yeast form

Other ingredient: vegetarian capsule

Produced by Karuna Corporation
42 Digital Drive #7, Novato, CA 94949
800-826-7225

