

# MAXXUM™

## 4

Hypoallergenic Formulation  
of Vitamins and Minerals  
with Antioxidant Complex

 **KARUNA**<sup>®</sup>  
RESPONSIBLE NUTRITION™

180 vegetarian capsules  
Dietary Supplement

## Supplement Facts

Serving Size 6 Capsules

Servings per Container 30

Amount per serving:		%DV
Vitamin A (beta-carotene)	6100 mcg RAE	678%
Vitamin C (ascorbic acid)	1,000 mg	1111%
Vitamin D3 (cholecalciferol)	25 mcg	125%
Vitamin E (d-alpha tocopherol succinate)	268 mg	1787%
Vitamin K1 (phylloquinone)	120 mcg	100%
Thiamin (as thiamine HCl) (Vitamin B1)	50 mg	4167%
Riboflavin (Vitamin B2)	50 mg	3846%
Niacin (as niacinamide) (Vitamin B3)	100 mg NE	625%
Vitamin B6 (as pyridoxine HCl)	100 mg	5882%
Folate (as L-5-Methyltetrahydrofolate)	1088 mcg DFE	272%
Vitamin B12 (methylcobalamin)	450 mcg	18750%
Biotin (d-biotin)	400 mcg	1333%
Pantothenic Acid (as d-calcium pantothenate) (Vitamin B5)	300 mg	6000%
Calcium (as calcium citrate/ malate 2:1)	300 mg	23%
Iodine (potassium iodide) [kelp source]	75 mcg	50%
Magnesium (as magnesium aspartate, amino acid chelate)	300 mg	71%
Zinc (as zinc bisglycinate chelate)	15 mg	136%
Selenium (L-selenomethionine)*	200 mcg	364%
Copper (as copper amino acid chelate)	1.5 mg	167%

Amount per serving:		%DV
Manganese (as manganese amino acid chelate)	5 mg	217%
Chromium (as chromium nicotinate glycinate chelate)*	200 mcg	571%
Molybdenum (as molybdenum aspartate)	50 mcg	111%
Choline (as choline bitartrate)	20 mg	4%
Mixed Citrus Bioflavonoids	200 mg	†
Lutein ( <i>Tagetes erecta L.</i> ) (flower)	5 mg	†
Lycopene (from tomato) (fruit)	5 mg	†
Zeaxanthin ( <i>Tagetes erecta L.</i> ) (flower)	246 mcg	†
Cryptoxanthin (from papaya) ( <i>Carica papaya</i> ) (fruit juice)	15 mcg	†
Boron (as boron citrate)	1 mg	†

† Daily Value (DV) not established

Other ingredients: vegetarian capsule  
(hypromellose & water), vegetable stearate

\*non-yeast form

### Suggested use for adults:

6 capsules daily, taken with meals, or as  
directed by your health care practitioner.

This product contains no yeast, soy, wheat,  
milk, salt, artificial coloring, preservatives  
or flavoring.

Keep in a cool, dry place, tightly capped.

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