

MAXXUM™

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High Potency Multi-Vitamin
and Mineral Supplement with
1:1 Calcium/Magnesium Ratio

 **KARUNA**[®]
RESPONSIBLE NUTRITION™

180 vegetarian capsules
Dietary Supplement

Supplement Facts

Serving Size 6 Capsules

Servings per Container 30

Amount per serving:		%DV
Vitamin A (beta-carotene)	6000 mcg RAE	667%
Vitamin C (ascorbic acid)	1,000 mg	1111%
Vitamin D3 (cholecalciferol)	25 mcg	125%
Vitamin E (d-alpha tocopherol succinate)	268 mg	1787%
Vitamin K1 (phylloquinone)	120 mcg	100%
Thiamin (as thiamine HCl) (Vitamin B1)	40 mg	3333%
Riboflavin (Vitamin B2)	40 mg	3077%
Niacin (as niacinamide) (Vitamin B3)	40 mg NE	250%
Vitamin B6 (as pyridoxine HCl)	40 mg	2353%
Folate (as L-5 MTHF, calcium folinate)	800 mcg DFE	200%
Vitamin B12 (methylcobalamin)	450 mcg	18750%
Biotin (d-biotin)	400 mcg	1333%
Pantothenic Acid (as d-calcium pantothenate) (Vitamin B5)	40 mg	800%
Calcium (as calcium citrate / malate 2:1)	500 mg	39%
Iodine (potassium iodide) [kelp source]	75 mcg	50%
Magnesium (as magnesium aspartate, amino acid chelate)	500 mg	119%
Zinc (as zinc amino acid chelate)	15 mg	136%
Selenium (L-selenomethionine)*	200 mcg	364%
Copper (as copper amino acid chelate)	1.5 mg	167%
Manganese (as manganese amino acid chelate)	5 mg	217%

Amount per serving:		%DV
Chromium (as chromium nicotinate glycinate chelate)*	200 mcg	571%
Molybdenum (as molybdenum aspartate)	75 mcg	167%
Boron (as boron citrate)	1 mg	†
Vanadium (as amino acid chelate)	50 mcg	†

† Daily Value (DV) not established

*non-yeast form

Other ingredients: vegetarian capsule (hypromellose & water), vegetable stearate

Suggested use for adults:

6 capsules daily, taken with meals, or as directed by your health care practitioner.

This product contains no yeast, wheat, corn, milk, salt, sugar, artificial coloring, preservatives or flavoring.

This product is intended for professional use and is manufactured under strict quality control to ensure the optimum in purity, potency and reliability.

Keep in a cool, dry place, tightly capped.

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