

B-Plex™

High Potency B-complex with Phosphorylated B6

 **KARUNA**
RESPONSIBLE NUTRITION™

120 capsules
Dietary Supplement

Supplement Facts

Serving Size 2 Capsules

Servings per Container 60

Amount per serving:		%DV
B1 (thiamine)*	100 mg	8333%
B2 (riboflavin)*	50 mg	3846%
B3 (niacinamide)*	40 mg	250%
B6 (pyridoxine Hcl and Pyridoxal 5 Phosphate)	160 mg	9411%
Folate	1360 mcg DFE	200%
B12 (cyanocobalamin)*	250 mcg	10417%
Biotin (d-biotin)*	250 mcg	833%
B5 (d-calcium pantothenate)*	200 mg	4000%
Choline (bitartrate)	50 mg	9%
Para-aminobenzoic acid (PABA)	50 mg	†
Inositol	50 mg	†

† Daily Value (DV) not established

1202-LB13
*Essential B-vitamins in a yeast-free, hypoallergenic form,
containing phosphorylated co-enzyme form of vitamin B6

Suggested use for adults:

Two capsules taken daily with meals, or as directed by your health care practitioner.

This product is intended for professional use and is manufactured under strict quality control to ensure the optimum in purity, potency and reliability.

This product contains no yeast, wheat, soy, corn, milk, sugar, artificial coloring, preservatives or flavoring.

Keep in a cool, dry place tightly capped.

Other ingredients: vegetable capsule (hypromellose & water), cellulose, magnesium stearate (veg)

Produced by Karuna Corporation
42 Digital Drive #7, Novato, CA 94949
800-826-7225

