

# Ashwagandha

Promotes Healthy  
Immune Function and  
Adaptogenic Wellness



120 vegetarian capsules  
Dietary Supplement

## Supplement Facts

Serving Size 2 Capsules  
Servings per Container 60

Amount per serving:		%DV
Ashwagandha (root) ( <i>Withania somnifera</i> )	1200 mg	†

† Daily Value (DV) not established

Other ingredients: vegetarian capsule, cellulose,  
vegetable stearate, silicon dioxide

Produced by Karuna Corporation  
42 Digital Drive #7, Novato, CA 94949  
800-826-7225



5116-LB8

### Suggested use for adults:

2-4 capsules early morning and  
afternoon, or as directed by your  
health care practitioner.

CAUTION: Keep out of the reach of  
children. Not appropriate for pregnant  
or lactating women.

This product contains no yeast, wheat,  
soy, corn, milk, salt, sugar, artificial  
coloring, preservatives or flavoring.

This product is intended for  
professional use and is manufactured  
under strict quality control to ensure  
the optimum in purity, potency and  
reliability.

Keep in a cool, dry place, tightly  
capped.