

NO FAKE STUFF. FREE FROM ARTIFICIAL FLAVORS,
SWEETENERS, GLUTEN & SOY.



GNARLY
SPORTS NUTRITION

Baseline Iron+

Iron Supplement
Vegan Formula

with Blood Boosting
B Vitamins*

30 VEG CAPSULES



Why Iron?

Iron is required for the production of proteins in blood and muscle responsible for delivering oxygen throughout the body. Vitamin B12 and folate support healthy red blood cell production and iron's role in the fortification of blood.

What can you expect from Gnarly Iron+?

Iron Bisglycinate + Vitamin C: Highly bioavailable form of iron with Vitamin C to maximize absorption

Methylated forms of B12 and Folate: Naturally occurring and more bioavailable.

Clean Vegan formula: Vegetarian capsules and rice bran, that's it.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for



GNARLY
SPORTS NUTRITION

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Supplement Facts

Serving size 1 capsule

Servings per container 30

Amount Per Serving	% Daily Value**
Iron (iron bisglycinate) 25mg	139%
Vitamin C (ascorbic acid) 15mg	17%
Vitamin B12 50mcg (methylcobalamin)	2083%
Folate [from Quatrefolic®, 400 mcg DFE (5S)-5-Methyltetrahydrofolic acid, glucosamine salt]	100%

**Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Vegetarian Capsule (Cellulose and Water) and Rice Bran.

Suggested Usage: As a dietary supplement, adults take 1 capsule daily with a meal.

Quatrefolic® is a registered trademark of Gnosis SpA, U.S. Patent No. 7,947,662

