

NO FAKE STUFF. FREE FROM ARTIFICIAL FLAVORS, SWEETENERS, GLUTEN & SOY.

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Gnarly Pre-Workout products are intended to be taken before exercise and activity.

What is Collagen?

Collagen is the most abundant structural protein in the body and provides the scaffolding that builds structure and strength in joints. Collagen production declines with age and athletes are particularly vulnerable to joint-related injuries.

Taking collagen peptides kickstarts collagen synthesis and may make tendons, ligaments and joints healthier, stronger, and more resilient**.

Directions & Use

Combine 2 scoops with 8-10oz of your favorite Gnarly Product or other liquid. Mix thoroughly and consume 30-60 minutes before training.



Gnarly Collagen Pro vs other Gnarly proteins

Gnarly Collagen Pro is rich in the amino acids glycine, proline, and hydroxyproline, which are important components of human collagen. Gnarly Whey and Vegan are rich in essential amino acids and especially high in BCAAs making them ideal for recovery. Use Gnarly whey and vegan post-exercise to repair and build muscle.**

Athletes should use both a protein for muscle recovery and collagen to support joint health and resilience.**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Use this product as a dietary supplement only. Do not use for weight reduction. If pregnant or nursing consult a healthcare professional before using this product.



GNARLY
SPORTS NUTRITION

Collagen Pro

Joint & Connective Tissue**
Protein Supplement

Pasture Raised Peptides
Vitamin C • Zinc

UNFLAVORED



NET WT 455g (16.05oz)

What to expect from Collagen Pro

15g

Collagen peptides sourced from pasture-raised and finished cattle

100%

Vit C to promote collagen synthesis

15mg

Zinc for collagen protection and synthesis



Unflavored so you can add it to your favorite Gnarly product



Supports joint and ligament health**



Use 30-60 minutes before your daily workout

Supplement Facts

Serving Size: 2 level scoops

(10 oz prepared)

Servings per Container: about 30

Amount Per Serving	%Daily Value*
Calories 50	
Protein 14g	27%*
Vitamin C (ascorbic acid) 90mg	100%*
Zinc (as zinc amino acid chelate) 15mg	136%*
Sodium 75mg	3%*
Copper (copper glycinate) 1mg	111%*

Hydrolyzed Collagen (bovine) 15g †

Not a significant source of calories from Fat, Saturated Fat, Trans Fat, Cholesterol, Vitamin A, Vitamin C and Iron

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily value not established.

Other Ingredients: None



Manufactured for
GNARLY
SPORTS NUTRITION

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