

elements for hair, skin and nails

antioxidants^v specialty

60 veggie capsules dietary supplement

hair skin nails

gluten free

> dairy free

sov free nut free

size actual :

Supplement Facts

Amount % Daily Per Serving Value

Serving Size 2 Veggie Capsules Servings Per Container: 30

i ci oci vilig	
500 mg	*
250 mg nic Acid fate)	*
100 mg	*
10 mg	*
50 mg	•
50 mg	*
	250 mg nic Acid (fate) 100 mg 10 mg 50 mg

* Daily Value not established.

Other ingredients: Vegetarian capsule (hypromellose, water), microcrystalline cellulose, magnesium stearate, silica.

Does not contain: Yeast, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Perservatives, Artificial Colors or Flavors

DIRECTIONS: As a dietary supplement, take two (2) veggie capsules daily.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

STORE IN A COOL, DRY PLACE,

KEEP OUT OF REACH OF CHILDREN. TAMPER EVIDENT

Do not use if outer seal is broken or missing. Distributed by: Vitamin Shoppe, Inc.

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