

- > 3rd party lab verified for quality
- > Hot water and alcohol extracted for improved bioavailability
- > Guaranteed potency†



Our Guarantee: This product is verified for active compounds. There are no added starch, grains or mycelium.

Suggested Use: Adults take 2 capsules per day.

Storage: Store in a cool dry place with the lid securely closed.

Warning: Keep out of reach of children. Consult a physician if you are pregnant or nursing; have or had a medical condition; or are taking prescription drugs.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Manufactured in a facility which processes Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, and Sesame.



Real Mushrooms®

REALREST™ +

MUSHROOMS + HERBS



Reishi Mushroom
Lemon Balm
Valerian Root

60 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 capsules

	Amount per serving	%DV
Organic Reishi Mushroom Extract <i>Ganoderma lingzhi</i>	500mg	*
Organic Lemon Balm (leaf) Extract <i>Melissa officinalis</i>	250mg	*
Organic Valerian (root) Extract <i>Valeriana officinalis</i>	250mg	*

* Daily Value (DV) not established.

Other ingredients: Vegetable capsule (pullulan), Microcrystalline cellulose, L-Leucine, Silicon dioxide.

Distributed by: Real Mushrooms Inc.
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