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PRE-GAME FORMULA

THE ENERGY TO COMPETE.
THE POWER TO DOMINATE.

Our P4 Pre-Game Formula is specially formulated to deliver a superior pre-workout formula to professional and every day athletes.

Powered by:

- CarnoSyn® Beta-alanine
- Creatine
- Arginine
- L-Tyrosine
- Niacin, Taurine, Caffeine
- An Intense Vitamin Matrix

Most important, *Pre-Game Formula #1* is NSF Certified for Sport. That means it's label-claim-verified, banned substance free and cleared for use for athletes in every stage of their game. Proven for the pros. Proven for you.

DIETARY SUPPLEMENT

Net Wt. 300 g (0.66 lb)

PROVEN4
SPORT



PRE-GAME
FORMULA

BLUE RASPBERRY
NATURAL & ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT
Net Wt. 300 g (0.66 lb)



Mix 1 (10g) scoop with 8-10 oz of water immediately prior to your game or workout. You should not consume more than 200mg of caffeine every 4 hours.

Supplement Facts

Serving Size: 10g (Approx. 1 scoop)

Servings Per Container: 30

	Amount Per Serving	% DV*
Calories	30	
Total Carbohydrate	1 g	< 1%*
Thiamin (as Thiamine HCl)	3 mg	250%
Riboflavin	3 mg	231%
Niacin	10 mg	63%
Vitamin B6 (as Pyridoxine HCl)	15 mg	882%
Vitamin B12 (as Methylcobalamin)	1 mcg	42%
Pantothenic Acid (as Calcium-D-Pantothenate)	20 mg	400%
Calcium (as Calcium Silicate)	27 mg	2%
CarnoSyn® Beta-Alanine	2.4 g	†
Creatine Monohydrate	2 g	†
L-Arginine Alpha Keto Glutarate	1 g	†
Taurine	500 mg	†
L-Tyrosine	500 mg	†
Caffeine Anhydrous	150 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet

† Daily value not established

OTHER INGREDIENTS: Pineapple Fruit Powder, Citric Acid, Natural and Artificial Flavors, Silicon Dioxide, Acesulfame Potassium, Sucralose, FD&C Blue #1.

Allergen Warning: This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans.

WARNING: This product contains Beta-Alanine which may result in a temporary tingling skin sensation or flushed effect for some individuals. Not recommended for use by pregnant or nursing women. Before consuming Proven4Sport Pre-Game Formula, seek advice from a health care professional if you are unaware of your current health condition or have any pre-existing medical condition including, but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver or thyroid disease, anxiety, depression, seizure disorder, psychiatric disease, diabetes, pernicious anemia, difficulty urinating, due to prostate enlargement or if you are pregnant, nursing, prone to dehydration, or exposed to excessive heat or suffer from the rare genetic disorder, Hyper Beta-Alaninemia. Do not use if sensitive to caffeine. Discontinue use or reduce if sleeplessness, tremors, dizziness, nervousness, headaches or heart palpitations occur. Proven4Sport Pre-Game Formula is only intended to be consumed by healthy adults 18 years of age or older. **Keep out of reach of children and pets. Store in a cool, dry place.** In case of an adverse reaction or if you have a question/comment regarding this product please contact us at 1-800-396-0041.

WARNING: This product can expose you to chemicals including arsenic, which is known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

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