

Country Life's Aller-Max® is a unique complex based on the key ingredients of Quercetin, Bromelain, and Vitamin C. Quercetin is a naturally occurring non-citrus bioflavonoid derived from flower buds. Bromelain is an enzyme derived from Pineapple Stem. Aller-Max® also provides Vitamin C as well, alongside herbs like Stinging Nettle and Cayenne.

CAUTION: Not for use by pregnant or lactating women. If you are taking medication, have a medical condition (including gastrointestinal disorders), or planning a surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG

YES CERTIFIED VEGAN BY THE AVA

YES RECYCLABLE PACKAGING

YES MANUFACTURING SUPPORTS
WIND POWER

GDU - Gelatin Digestive Units

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Lot No:

20C530A

Best by:

05/23



This product has
been manufactured
at a GMP
Registered facility.



Dietary Supplement **100** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

ALLER-MAX®

Certified Gluten-Free

- ◆ Non-drowsy formula
- ◆ Combines Quercetin, Bromelain & Vitamin C

Directions: Adults take two (2) capsules daily or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules

Servings Per Container 50

Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate).....	750 mcg (2,500 I.U.)83%
Vitamin C (as calcium ascorbate)	250 mg278%
Pantothenic Acid (as calcium d-pantothenate)	200 mg4,000%
Calcium (as calcium ascorbate, calcium d-pantothenate)	50 mg..... 4%
Zinc (as zinc monomethionine).....	10 mg91%
Quercetin (from <i>Sopohorae japonica Linn</i>) (flower) ..	250 mg*
Aller-Max® Blend.....	225 mg*
Bromelain (2,000 GDU/g) (from pineapple)(stem)	
Stinging Nettle Extract (<i>Urtica dioica</i>) (root)	
Cayenne pepper (fruit)	
Grape Seed Extract	
N-Acetyl Cysteine	200 mg*
L-Histidine (free form).....	200 mg*

* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), magnesium stearate, silica.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 1610