Target-Mins® are made with specific free-form amino acids for optimal mineral delivery.* A daily intake of zinc is needed as the body does not store it. Zinc maintains healthy activity at the cellular level, and plays a role in immune function.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NO YEAST, WHEAT OR CORN CERTIFIED GLUTEN-FREE BY GFCO.ORG SOY, MILK OR SALT SUGAR OR PRESERVATIVES CERTIFIED VEGETARIAN BY THE AVA RECYCLABLE PACKAGING ARTIFICIAL COLORS, YES MANUFACTURING SUPPORTS WIND POWER YES KOSHER

This product has been manufactured at a GMP Registered facility.

Lot No:

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Best by:



ESTABLISHED

Country° Life

• TARGET-MINS® •

Z

50 mg Certified Gluten-Free

Supports immune health*

Directions: Adults take one (1) tablet daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts Serving Size 1 tablet

Amount Per Serving	% Daily Valu	
Zinc (as zinc citrate, zinc picolinate,	50 mg	455%

zinc bisglycinate, zinc aspartate)†

Other Ingredients: Cellulose, L-leucine, cellulose & glycerin coating, silica, vegetable glaze.

† Country Life always labels minerals in elemental weight.

CAUTION: Not for use by persons under the age of 18 or by pregnant or nursing women. If you are taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Dietary Supplement 90 Tablets — Our PLEDGE of INTEGRITY—

Authenticity · Cleanliness · Freshness

CONSISTENCY · ACCURACY

Manufactured by Country Life, LLC 180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA) CountryLifeVitamins.com Product No. 2520