

Fish oils from cold water fish contain Omega-3 fatty acids. Ultra Omegas contains Country Life's highest concentration of DHA with 500 mg, complemented with 200 mg of EPA, all in only two softgels. Omega-3s are known to support brain health and function as well as support nervous system function.*** Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. See nutrition information for total fat content. As this product is derived from fish oil, it is third party tested for heavy metals and toxins, such as mercury and lead, to ensure purity and safety and contains no trans fatty acids.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
 YES RECYCLABLE PACKAGING
 YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST, CORN, WHEAT OR MILK
 NO SALT, SUGAR OR PRESERVATIVES
 NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
 NO MAGNESIUM STEARATE

Lot No:

19L002C
10/22

Best by:



This product has been manufactured at a GMP Registered facility.



ESTABLISHED
 — 1971 —

Country Life

**ULTRA OMEGAS
 DHA/EPA**



Certified Gluten-Free

- ▶ 700 mg of Omega-3 fatty acids per serving
- ▶ Supports cardiovascular health***
- ▶ Supports brain health and brain function***
- ▶ Supports nervous system***

Dietary Supplement : **120 Softgels**

— *Our PLEDGE of INTEGRITY* —
 AUTHENTICITY • CLEANLINESS • FRESHNESS
 CONSISTENCY • ACCURACY

Directions: Adults take two (2) softgels daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 softgels
 Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%*
Vitamin E (as d-alpha tocopherol)	2.7 mg (4 I.U.)	18%
Fish Oil Concentrate (from anchovy, mackerel, sardine, herring, tuna) providing:	1,000 mg (1 g)	**
DHA (Docosahexaenoic acid) (Omega-3)	500 mg	**
EPA (Eicosapentaenoic acid) (Omega-3)	200 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
 ** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell). Contains fish (anchovy, mackerel, sardine, herring, tuna). 100% bovine gelatin, BSE-free. **CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

Manufactured for Country Life, LLC
 180 Vanderbilt Motor Parkway, Hauppauge, NY 11788
 CountryLifeVitamins.com
 Product No. 4516

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