

A powerful antioxidant that supports immune health.\* Contains a bioactive form of selenium.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**YES** CERTIFIED GLUTEN-FREE BY GFCO.ORG  
**YES** CERTIFIED VEGAN BY THE AVA  
**YES** RECYCLABLE PACKAGING  
**YES** MANUFACTURING SUPPORTS WIND POWER  
**YES** KOSHER-PARVE  
**YES** CERTIFIED HALAL BY IFANCA

**NO** YEAST, WHEAT OR CORN  
**NO** SOY, MILK OR SALT  
**NO** SUGAR OR PRESERVATIVES  
**NO** ARTIFICIAL COLORS, FLAVORS OR SWEETENERS  
**NO** GMOs

Lot No: **20D562A**  
**04/23**

Best by:



ESTABLISHED  
— 1971 —

**Country<sup>®</sup>  
Life**

• YEAST-FREE •

**SELENIUM**

**100 mcg**

**Certified Gluten-Free**

► Supports immune health\*

**Dietary Supplement** : **180 Tablets**

— *Our* **PLEDGE of INTEGRITY** —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

**Directions:** Adults take one (1) tablet daily as a dietary supplement, preferably with meals. As a reminder, discuss the supplements and medications that you take with your health care providers.

**Supplement Facts**

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Selenium (as L-selenomethionine)	100 mcg	182%

Other Ingredients: Cellulose, cellulose & glycerin coating, stearic acid, silica, magnesium stearate, vegetable glaze.  
**CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.** This product has been manufactured at a GMP Registered facility.

Manufactured by Country Life, LLC  
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CountryLifeVitamins.com  
Product No. 2876