

Looking for an energy boost?
 This methylated form of B12 easily
 digests and is quickly absorbed into your body.
 Suitable for vegetarians and vegans.

* These statements have not been evaluated by the Food
 and Drug Administration. This product is not intended to
 diagnose, treat, cure, or prevent any disease.

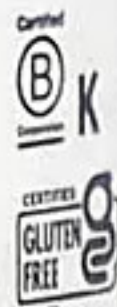
YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
 YES CERTIFIED VEGAN BY THE AVA
 YES RECYCLABLE PACKAGING
 YES MANUFACTURING SUPPORTS
 WIND POWER
 YES KOSHER

NO YEAST, MILK OR SOY
 NO SALT, SUGAR OR PRESERVATIVES
 NO ARTIFICIAL COLORS,
 FLAVORS OR SWEETENERS
 NO MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility.

Lot No: **22L545A**
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Best by:



ESTABLISHED
 - 1971 -

**Country[®]
 Life**

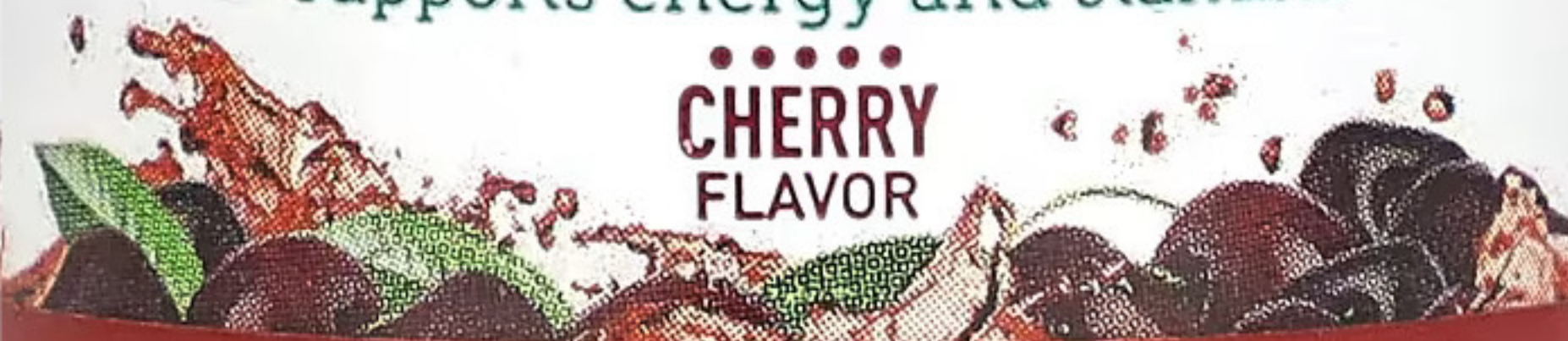
**METHYL
 B12**

5,000 mcg

Certified Gluten-Free

Supports energy and stamina*

**CHERRY
 FLAVOR**



Dietary Supplement **60 Lozenges**

— Our PLEDGE of INTEGRITY —
 AUTHENTICITY • CLEANLINESS • FRESHNESS
 CONSISTENCY • ACCURACY

Directions: Adults take one (1)
 lozenge daily and allow to fully dissolve
 in mouth before swallowing. As a reminder,
 discuss the supplements and medications that you take
 with your health care providers.

Supplement Facts

Serving Size 1 lozenge

Amount Per Serving	% Daily Value
Vitamin B12 (as methylcobalamin) 5,000 mcg	208,333%

Other Ingredients: Xylitol, cellulose, stearic acid, dextrin, natural
 cherry flavor, silica.

CAUTION: If you are pregnant, nursing, or taking medication,
 have a medical condition or planning surgery, consult a doctor
 before using this product. Stop using and consult a doctor if any
 adverse reactions occur.

Do not accept if seal is broken.
 Store in a dry place between 59° - 86° F.
 Keep out of the reach of children.

Manufactured by Country Life, LLC
 180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
 CountryLifeVitamins.com
 Product No. 6304

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