

Country Life® uses only Suntheanine®, a form of L-Theanine with over 50 studies and patents. L-Theanine has been referred to as the happy amino for its ability to help reduce stress.** It has also been shown to help diminish normal symptoms of PMS when taken 400 mg daily.**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Suntheanine® is a registered trademark of Taiyo International, Inc.

YES NON-GMO PROJECT VERIFIED
 YES CERTIFIED GLUTEN FREE BY GFCO.ORG
 YES CERTIFIED VEGAN BY THE AVA
 YES RECYCLABLE PACKAGING
 YES MANUFACTURING SUPPORTS WIND POWER
 YES KOSHER
 YES CERTIFIED HALAL BY IFANCA

NO YEAST, CORN OR WHEAT
 NO SOY, MILK OR SALT
 NO SUGAR OR PRESERVATIVES
 NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

Lot No:

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Best by: 08/25



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ESTABLISHED
 — 1971 —

Country Life®

L-THEANINE

200 mg

Suntheanine®

Certified Gluten-Free

- ▶ Gently soothes away the tension**
- ▶ Helps reduce stress**
- ▶ Includes Vitamin B-6 for utilization**



Dietary Supplement : 60 Vegan Capsules

— Our PLEDGE of INTEGRITY —
 AUTHENTICITY • CLEANLINESS • FRESHNESS
 CONSISTENCY • ACCURACY

Directions: Adults take one (1) capsule daily on an empty stomach. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Vitamin B-6 (as pyridoxine hydrochloride)	4.25 mg	250%
Suntheanine® L-Theanine†	200 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), magnesium stearate, silica.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59° - 86° F. Keep out of the reach of children.

This product has been manufactured at a GMP registered facility.

Manufactured by Country Life, LLC
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 CountryLifeVitamins.com
 Product No. 1412