

Biotin is a water soluble B Vitamin that supports the formation of keratin, a building block for skin, hair and nails.* Biotin also supports energy metabolism.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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|---------------------------------------|---|
| YES CERTIFIED GLUTEN-FREE BY GFCO.ORG | NO YEAST, WHEAT OR CORN |
| YES NON-GMO PROJECT VERIFIED | NO SOY OR MILK |
| YES CERTIFIED VEGAN BY THE AVA | NO SALT OR SUGAR |
| YES RECYCLABLE PACKAGING | NO PRESERVATIVES |
| YES MANUFACTURING SUPPORTS WIND POWER | NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS |
| YES KOSHER-PARVE | NO MAGNESIUM STEARATE |

This product has been manufactured at a GMP Registered facility.

Lot No: **23A720A**
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Best by:



ESTABLISHED
— 1971 —

**Country[®]
Life**

• HIGH POTENCY •

BIOTIN

10 mg

Certified Gluten-Free

▶ A vitamin supplement for healthy hair, scalp and nails*



Dietary Supplement : **60** Vegan Capsules

— *Our PLEDGE of INTEGRITY* —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) capsule daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care and lab providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value
Biotin (as d-Biotin) 10,000 mcg (10 mg)	33,333%

Other Ingredients: Cellulose, cellulose (capsule shell).

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 6507

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