

Country Life Magnesium Glycinate is fully reacted with an amino acid chelate. It offers a bioavailable source of magnesium to the body.* Magnesium is needed for more than 300 biochemical reactions in the body and it helps to relax muscles.* It can also support energy production, cardiovascular function, immune health and strong bones.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES NON-GMO VERIFIED BY TRUE NORTH
YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER-PARVE

NO YEAST, CORN OR WHEAT
NO SOY, MILK OR SALT
NO SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE

^ΔPer serving

Lot No:

20K809A

Best by:

10/22



This product has been manufactured at a GMP Registered facility.



Dietary Supplement **90** Tablets

ESTABLISHED
— 1971 —

Country[®]
Life

CHELATED MAGNESIUM GLYCINATE

400 mg^Δ

Certified Gluten-Free

- Supports heart health*
- Promotes healthy bone and muscle function*



Directions: Adults take three (3) tablets daily with a meal. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 3 tablets
Servings Per Container 30

Amount Per Serving	% Daily Value	
Magnesium (as magnesium bisglycinate)	400 mg	95%

Other Ingredients: Cellulose, stearic acid, organic coating (tapioca maltodextrin, sunflower lecithin, sustainable palm oil, guar gum), silica.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 2680

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY