

Composed of a blend of essential B Vitamins, Basic-B Caps is a complex created to support energy production.\*\*

**\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**YES** CERTIFIED GLUTEN-FREE BY GFCO.ORG  
**YES** CERTIFIED VEGAN BY THE AVA  
**YES** RECYCLABLE PACKAGING  
**YES** MANUFACTURING SUPPORTS WIND POWER  
**YES** KOSHER

**NO** YEAST, WHEAT OR SOY  
**NO** MILK, SALT OR SUGAR  
**NO** PRESERVATIVES  
**NO** ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.  
 Do not accept if seal is broken. Store in a dry place between 59°-86° F.  
 Keep out of the reach of children.

Lot No:

20A840A

Best by:

01/23



ESTABLISHED  
 — 1971 —

Country®  
 Life

# BASIC-B CAPS

**Certified Gluten-Free**

- Supports energy\*\*
- Supports adrenal health\*\*
- Moderate dose

Dietary Supplement : **90** Vegan Capsules

— Our PLEDGE of INTEGRITY —  
 AUTHENTICITY • CLEANLINESS • FRESHNESS  
 CONSISTENCY • ACCURACY

**Directions:** Adults take one (1) capsule daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care/lab providers.

## Supplement Facts

Serving Size 1 capsule

| Amount Per Serving                               |                                     | % Daily Value |
|--|-------------------------------------|---------------|
| Thiamin (vitamin B1) (as thiamine hydrochloride) | 25 mg                               | 2,083%        |
| Riboflavin (vitamin B2)                          | 25 mg                               | 1,923%        |
| Niacin (as niacinamide)                          | 25 mg                               | 156%          |
| Vitamin B6 (as pyridoxine hydrochloride)         | 25 mg                               | 1,471%        |
| Folate   | 667 mcg DFE<br>(400 mcg folic acid) | 167%          |
| Vitamin B12 (as cyanocobalamin)                  | 50 mcg                              | 2,083%        |
| Biotin (as d-Biotin)                             | 300 mcg                             | 1,000%        |
| Pantothenic Acid (as calcium d-pantothenate)     | 50 mg                               | 1,000%        |
| Choline (from choline bitartrate)                | 10 mg                               | 2%            |
| Inositol   | 25 mg                               | *             |
| PABA (para-aminobenzoic acid)                    | 25 mg                               | *             |

\* Daily Value not established

Other Ingredients: Cellulose, cellulose (capsule shell), calcium silicate, silica, magnesium stearate. **CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Manufactured by Country Life, LLC  
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 CountryLifeVitamins.com  
 Product No. 6341