

SUGGESTED USE:

As a dietary supplement, take 1 scoop with 8 oz (236 mL) of cold water 15-30 minutes before training. To avoid sleeplessness, do not take within 4 hours of sleep.

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Capsimax
CAPSICUM EXTRACT

Capsimax® is a registered trademark of
OmniActive Health Technologies, Ltd

**MADE IN THE
USA**



Exclusively Engineered by
& Manufactured for:
EVLUTION NUTRITION®
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This product is made in the USA, has been distributed and manufactured by a (GMP) registered facility and contains ingredients of domestic and international origin.

**ENGN® SHRED PRE-WORKOUT, WHEN
COMBINED WITH REGULAR TRAINING,
IS ENGINEERED TO SUPPORT:**

- WEIGHT MANAGEMENT*
- INTENSE ENERGY*
- MENTAL FOCUS*
- TRAINING HARDER*
- EXPLOSIVE POWER*
- METABOLISM*

Warning: Not for use by those with pre-existing medical conditions; those taking any medications; those under the age of 18; those who are caffeine, niacin or Beta-Alanine sensitive or women who are contemplating pregnancy, pregnant or nursing. Consult your physician prior to using this product if you are taking any prescription or over-the-counter medications or supplements. Do not use this product if you are at risk or are being treated for any medical condition including, but not limited to: high or low blood pressure; cardiac arrhythmia; stroke; heart, liver, kidney or thyroid diseases; seizure disorder; psychiatric disease; diabetes; difficulty urinating due to prostate enlargement or if you are taking a MAO inhibitor. Discontinue use and consult your healthcare professional if you experience any adverse reaction to this product. Keep out of reach of children. Do not exceed recommended serving size or suggested use for any reason. Discontinue use 2 weeks prior to surgery.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ENGN® SHRED
○ EXPLOSIVE ENERGY*
○ MAXIMUM FOCUS*
○ INTENSE FAT BURNER*

PRE-WORKOUT ENGINE SHRED®



ENGN® SHRED

PRE-WORKOUT ENGINE SHRED®

○ FAT BURNING FORMULA*
○ CREATINE FREE

○ EXPLOSIVE ENERGY*
○ MAXIMUM FOCUS*

FRUIT PUNCH

NATURALLY AND ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT NET WT 8.4 OZ (237g)

30 SERVINGS

Supplement Facts

Serving Size 1 scoop (7.9g)
Servings Per Container 30

Fruit Punch

	Amount Per Serving	%DV
Carbohydrates	<1g	<1%*
Niacin (as niacinamide)	35mg	220%
Vitamin B6 (as pyridoxine HCl)	2mg	120%
Folic Acid	800mcg	200%
Vitamin B12 (as cyanocobalamin)	25mcg	1,040%
Choline (from choline bitartrate)	200mg	35%
ENGN® Mind-to-Muscle Matrix	2,016mg	†
Betaine Anhydrous (750mg), Choline Bitartrate (500mg), L-Tyrosine (500mg), Agmatine Sulfate (200mg), Alpha-Glycerolphosphorylcholine Powder (std. min. 50% A-GPC) (60mg), Huperzia serrata Extract (std. min. 1% Huperzine A) (club moss) (6mg)		
Beta-Alanine	1,600mg	†
ENGN® SHRED MATRIX		
Conjugated Linoleic Acid Powder	500mg	†
L-Carnitine L-Tartrate	500mg	†
Coleus Extract (as Coleus forskohlii) (root)	100mg	†
Yohimbe Extract (as Pausinystalia yohimbe) (bark)	40mg	†
Red Pepper Fruit Extract (as Capsimax®)	25mg	†
ENGN® ENERGIZERS	260mg	†
Natural Caffeine (from Coffee Bean), Green Tea Extract (Standardized for EGCG) (leaf)		

*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Malic Acid, Natural and Artificial Flavor, Silica, Tartaric Acid, Sucralose, Acesulfame Potassium, FD&C Red 40