



SUGGESTED USE

SHAKE WELL BEFORE USING

Take up to 40 drops in 2 oz. of water or juice, two to four times per day.

Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

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OREGON GRAPE

OPTIMAL WELL-BEING



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

Oregon Grape Liquid Extract

Ingredients: certified organic alcohol (40-50%), distilled water & Oregon Grape extractives. **GLUTEN-FREE**

Dry herb / menstruum ratio: 1 : 5

We prepare our Oregon Grape Extract from the young lateral roots of *Mahonia aquifolium* shrubs which are **Sustainably Wildcrafted** in their wild mountain habitat in the Pacific Northwest.

To assure optimal extraction of Oregon Grape's bioactive compounds, the roots are hand-dug only in autumn or spring, and are then carefully shade-dried and thoroughly extracted.

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