

30 SOFTGELS

OMEGA-3 DIETARY SUPPLEMENT

FOR PREGNANT & LACTATING WOMEN
350mg OMEGA-3 DHA

Prenatal DHA

OCEANS
MOM



Suggested Use: Adults take 1 softgel daily. Best taken with food. Not intended for children. Softgels are enhanced with a natural strawberry flavor. For optimal freshness refrigerate after opening.

Advanced Usage: Adults may increase to 2 softgels daily.

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	<1% ¹
Total Omega-3 Fatty Acids	365 mg	
DHA (Docosahexaenoic Acid)	350 mg	+
EPA (Eicosapentaenoic Acid)	15 mg	+

¹ Percent Daily Values are based on a 2,000 calorie diet.
+Daily Value not established.

Ingredients: Purified deep sea fish oil (anchovies and sardines), gelatin, glycerin, natural tocopherols (soy), natural strawberry flavor.

Contains: Fish, soy.

CAUTION: Your diet or health situation may benefit from the advanced use of this product. Check with your healthcare practitioner to determine your needs. As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you use blood thinners, anticipate surgery or are under medical supervision.

Keep out of reach of children.

Store in a cool, dry place. Do not use if safety seal is broken or missing.

Made without dairy ingredients, tree nuts or shellfish. Manufactured in a facility that also processes dairy, eggs, wheat, peanut, tree nuts and shellfish. No filler ingredients, artificial colors, flavors or preservatives. Gluten Free. Dairy Free.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.

Distributed by Garden of Life LLC

4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA

Made in the U.S.A. from foods grown in the U.S.A. and other countries.

www.gardenoflife.com

© 2015 Garden of Life LLC

OMPL-041420



2753HV935 09/2023