

RECOMMENDATION:

Dosage cup included.
Shake well before each use.

Do not use for more than 14 consecutive days unless directed by a physician. For children 3-5 years, consult a physician before use. For children 6 years and older, start with 1 teaspoon (5 mL) and give up to 2 teaspoons (10 mL) as needed. Administer 30-60 minutes before bedtime. **DO NOT EXCEED RECOMMENDED DOSE.**

Warning: May cause drowsiness. If your child is experiencing long-term sleep difficulties, taking any medications, has a medical condition, or chronic disease, consult a physician before use. Adults, do not use this product unless advised by a physician if you are pregnant, attempting to become pregnant, or nursing. If you are taking any medications or are being treated for depression, autoimmune, endocrine, diabetes, blood clotting, or seizure disorders. Do not take melatonin while operating a motor vehicle or machinery.



◆ LG12822.A01 BLQ9195A

CONTAINS NO: Sugar, Gluten, Dairy, Peanut, or Artificial Colors

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.



THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's Way
sambucus®
ELDERBERRY

TRADITIONAL
IMMUNE SUPPORT*

NIGHTTIME SYRUP
with melatonin



MADE FROM **3,200 mg** of
ELDERBERRIES PER 2 TSP SERVING
MELATONIN FOR OCCASIONAL SLEEPLESSNESS**

DIETARY SUPPLEMENT
4 FL OZ (120 mL)

Nature's Way
sambucus®
OUR STANDARDIZED
ELDERBERRY EXTRACT IS:

- Gluten Free
- Vegan



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or Artificial Colors

**IMMUNE SUPPORT
MADE FOR KIDS***

Our Sambucus Nighttime Syrup for Kids is specially formulated to meet the unique needs of children. For centuries European black elderberries (*Sambucus nigra* L.) have been traditionally used for immune support during the winter months.*

**A GOOD DAY STARTS
WITH A GOOD NIGHT**

Our nighttime formula also contains melatonin for occasional sleeplessness to help promote restful sleep in children when they need it most.*

**PREMIUM
ELDERBERRIES**

Our highly concentrated (64x) black elderberry extract is made from 1,600 mg of elderberries per teaspoon. Our black elderberry extract is standardized to anthocyanins, which provide antioxidant support.*

SUPERIOR QUALITY

Each elderberry is 100% handpicked and harvested at just the right time. Berries are carefully inspected for quality and frozen on the same day they're picked to preserve them at their peak. We never use artificial colors — the product is in the berry!

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Supplement Facts

Serving Size	1 teaspoon (5 mL)	2 teaspoons (10 mL)
Servings per Container	24	12
Amount per Serving	Ages 6+ % DV*	Ages 6+ % DV*
Calories	15	25
Total Carbohydrate	4g 1%	8g 3%
Total Sugars	0g **	0g **
Includes Added Sugars	0g 0%	0g 0%
Sugar Alcohol	4g **	8g **
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry) standardized to anthocyanins from 1,600 mg of premium cultivated elderberries per teaspoon	25 mg **	50 mg **
Melatonin	0.5 mg **	1 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: sorbitol, glycerin, purified water, natural flavors, malic acid, potassium sorbate (preservative to maintain freshness)

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Questions? 1-800-9NATURE / natureways.com

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