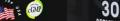
## INSANE LABT

ons For Use: As a dietary supplement for adults take t serving in 8-10 oz. of water once daily, 30 minutes before activity. Never consume more than 1 serving in a 24 hour period. Do not take within 4 hours of bedtime. Read warnings and only use as directed.

DO NOT TAKE LONG BALLTM IN EXCESS OF ITS RECOMMENDED DOSAGE LONG BALL™ is not intended for use by persons under the age of 18. Do not consume caffeine from other sources. Including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Do not use LONG RALL™ for more than 8 weeks. Consult with your physician prior to use if you are pregnant or nursing, or if you are taking medication, including but not limited to, MAOI inhibitors, antidepressants phenylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult you physician prior to use if you have a usychiatric or epileptic disorders difficult urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heartbeat, dizziness, severe headaches of shortness of breath. THIS PRODUCT CONTAINS CAFFEINE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease





SERVINGS

DIETARY SUPPLEMENT

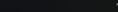
## Supplement Facts Serving Size: 1 scoop (9.1g)

Servings Per Container: 30		
	Amount Per Serving	%DV*
Magnesium (from Magnesium Citrate)	5.8mg	1%
Chloride (from Sodium Chloride & Potassium Chlorid	e) 250mg	7%
Sodium (from Sodium Chloride)	150mg	6%

Creatine Monohydrate, Beta Alanine, Betaine Anhydrous, Caffeine Anhydrous, Oticoline Sodium, DiCaffeine Malate, Taurine, †AMPiberry® (Juniperus Communis)(berry)

\*Daily Value based on a 2000 calorie diet. \*\*Percent Daily Value Not Established Other Ingredients: Citric Acid, Silica, Natural & Artificial Flavoring, Sucralose,

6.8q



Potassium (Potassium Chloride)

FD&C Blue #1, FD&C Yellow #5

LONG BALL™ Blend





675 EAST HIGHWAY 43 HARRISON, AR 7260