

SUGGESTED USE: TAKE ONE TABLET DAILY.

Certified Gluten-Free by NSF; 100% vegan;
no artificial flavors or colors.

Please refer to newchapter.com for more information
about this product and its benefits.

[†]2.5x better absorption than the leading form as shown in
preclinical lab testing on buffered Mg bisglycinate

Caution: As with any dietary supplement, you should
advise your healthcare professional of the use of this
product if you have a medical condition or are taking
medication. If you are nursing, pregnant, or considering
pregnancy, consult your healthcare professional prior
to using this product. Discontinue use and contact your
healthcare professional if you experience a side effect
or an allergic reaction. Do not exceed suggested use.
Keep out of reach of children.

***This statement has not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure, or prevent any disease.**

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not
satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.
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NEW CHAPTER®

EST. 1982

MAGNESIUM +ASHWAGANDHA

**2.5x BETTER ABSORPTION[†] THAN
THE LEADING BRAND**

Muscle, Bone, Heart & Relaxation Support*

100% VEGAN
90
TABLETS



DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving

Magnesium (175 mg from seawater and 150 mg as TRAACS® magnesium bisglycinate chelate buffered from magnesium bisglycinate chelate and magnesium oxide)	325 mg	77%
SENSORIL® Organic Ashwagandha (<i>Withania somnifera</i>) (root and aerial parts) aqueous extract	25 mg	*

*Daily Value (DV) not established

Other ingredients: Organic gum acacia, magnesium stearate, organic brown rice, hydroxypropyl
cellulose, silica and organic coating (organic maltodextrin, organic sunflower lecithin, organic
palm oil and organic guar gum).

Distributed by New Chapter, Inc., 90 Technology Drive, Brattleboro, VT 05301 USA
For questions or comments call 888-874-4461
Manufactured in the USA from Globally Sourced Ingredients

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