

•Supports healthy prostate function and urinary tract health with Saw Palmetto Blend, Melatonin and Chamomile formula, specifically for occasional sleeplessness at nighttime.*

DIRECTIONS: Take one capsule at night, preferably after the last meal.

CAUTION: Use only as directed. Consult your healthcare provider before use if you are contemplating pregnancy, pregnant, nursing, have any medical condition, or use any medications. For adult use only. May cause drowsiness and sleepiness. Do not use when driving, operating machinery or consuming alcohol.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



HAVASU
NUTRITION®

SAW PALMETTO

PM FORMULA

+MELATONIN
TRADITIONAL PROSTATE
& SLEEP SUPPORT**

100 CAPSULES • DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 100

	Amount Per Serving	%DV
Saw Palmetto Blend [Saw Palmetto Powder (Fruit), Saw Palmetto Extract (Fruit) (45% Fatty Acids)]	500 mg	†
Chamomile Extract (Flower)	25 mg	†
Melatonin	3 mg	†

† Daily Value (DV) not established.

OTHER INGREDIENTS: Rice Flour, Hypromellose (capsule), Magnesium Stearate, Silicon Dioxide.

Manufactured for Havasu Nutrition
239 2nd Ave. S, 2nd Floor
St. Petersburg, FL 33701 USA
support@havasunutrition.com

KEEP OUT OF REACH OF CHILDREN.

Do not use if safety seal is damaged or missing. Store in a cool, dry place.

1154860
V1.0422

