

REAL KETONES
HIGH PERFORMANCE LIVING

SUGAR
NOT A REDUCED
CALORIE FOOD

Learn how Real Ketones works
and how to get the most out of
your wellness regimen.



CLINICALLY TESTED

ELEVATE

POWERED BY D-BHB KETONES + MCT | THE BODY'S PREFERRED FUEL

WHAT IS D-BHB?

See back for more details



ORANGE
FLAVORED

**SUPERIOR
HYDRATION**

**FOCUS
MULTIPLIER[†]**

**KETOSIS
ON THE GO**

**1285MG
ELECTROLYTES**

30

DRINK MIX PACKETS

POWDERED SUPPLEMENT MIX

DIETARY SUPPLEMENT

30-0.43 OZ (12.36) PACKETS, NET WT. 12.9 OZ (369g)

**HOW TO USE FOR
BEST RESULTS:**

1 Stick Pack AM

Or Reduce Calorie Intake:

1 Stick Pack 30 Minutes Before Lunch

Or Pre workout:

1 Stick Pack 15 Minutes Prior

Or Intermittent Fasting:

1 Stick Pack at Start of Fast

WELCOME TO
HIGH PERFORMANCE LIVING[®]
USING KETONES



DAIRY
FREE



MAKES KETO OR
ANY DIET EASIER



VEGAN /
KETO / PALEO
FRIENDLY



LAB
TESTED



SOY
FREE



BOOSTS
ENERGY LEVELS

BENEFITS OF D-BHB KETONES:

- ✓ Energy for the body
- ✓ Hydration
- ✓ Works with all diets



**Covenant
House**

Opening Doors for Homeless Youth

BETTER HEALTH FOR A CAUSE

Real Ketones is proud to support the work of Covenant House. Their mission is to change the lives of homeless, trafficked or runaway youth, providing meals, housing and long-term mentorship and assistance. Over the past 40 years, they have been a pillar of hope and positivity for one of the most vulnerable and at-risk groups in the United States, saving over 1 million children in the process. We're honored to be a part of their work. **Learn more at RealKetones.com/CovenantHouse**

INCLUDES:
8g D-BHB
2g C8MCT

DIRECTIONS: Dissolve 1 stick in 8-12 oz. of cold water and shake vigorously. Can be taken with or without food. We always recommend that you consult your healthcare practitioner before taking any supplement.

Supplement Facts

Serving size: 1 stick pack (12.3 g)
Servings per container: 30

	Amount Per Serving	%DV
Calories	40	
Total Fat	1.5 g	2%*
Saturated Fat	1.5 g	7%*
Total Carbohydrate	<1%	1%*
Vitamin D (as Cholecalciferol)	25 mcg	125%
Vitamin K2 (as Menaquinone-7)	80 mcg	67%
Vitamin B6 (as Pyridoxine HCl)	50 mg	2941%
Vitamin B12 (as Methylcobalamin)	50 mcg	2083%
Calcium	100 mg	8%
Magnesium	195 mg	48%
Sodium	450 mg	20%
Potassium	530 mg	11%

Proprietary Formula with BHB+MCT 10g †
D-Beta-Hydroxybutyrate Sodium (D-8HB), D-Beta-Hydroxybutyrate Magnesium and Calcium (D-8HB), D-Beta-Hydroxybutyrate Potassium (D-8HB), Medium-Chain Triglycerides C8 Powder

* Percent Daily Values are based on a 2,000 calorie diet
† Daily Value Not Established

Other Ingredients: Citric Acid, Flavor, Stevia Rebaudioside A, Leaf Extract, Beta Carotene (for color), Beet Root (for color)
Manufactured by Real Ketones, LLC
115 2nd Avenue NE, Suite 1003
St. Petersburg, FL 33701
93 BHB is a registered trademark under exclusive global distribution by Ketone Labs.
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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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**MADE IN
USA**

with honey
and natural
flavors