

REAL KETONES
HIGH PERFORMANCE LIVING

SUGAR NOT A REDUCED
CALORIE FOOD

INCLUDES:

7g D-BHB 6g C8 MCT

CLINICALLY TESTED & NATURAL

ELEVATE

POWERED BY D-BHB KETONES + MCT | THE BODY'S PREFERRED FUEL

Ketone + MCT Drink with Pure Electrolytes



GRAPE
NATURALLY FLAVORED

POWDERED SUPPLEMENT

REAL KETONES
Daily Ketone Formula

1 SERVINGS NET WT. 0.53oz (15.1g)
DIETARY SUPPLEMENT

D-BHB + C8 MCT



D-BHB + C8 MCT
KETO
LEAN FOR LIFE



HOW TO USE FOR BEST RESULTS:

1 Stick Pack AM

Or Reduce Calorie Intake:

1 Stick Pack 30 Minutes Before Lunch

Or Pre workout:

1 Stick Pack 15 Minutes Prior

Or Intermittent Fasting:

1 Stick Pack at Start of Fast

BENEFITS OF D-BHB KETONES:

- ✓ Energy for the body
- ✓ Hydration
- ✓ Works with all diets



BETTER HEALTH FOR A CAUSE

We are proud to support the work of Covenant House and their mission to change the lives of homeless, tracked or runaway youth.

Learn more at RealKetones.com/CovenantHouse

**SUSTAIN
DEEP KETOSIS**

**INCREASE ENERGY
& ENDURANCE**

**AID IN
RECOVERY**

SUGAR

Learn how Real Ketones works
and how to get the most out of
your wellness regimen.



DAIRY
FREE



MAKES KETO OR
ANY DIET EASIER



VEGAN/
KETO/ PALEO
FRIENDLY



LAB
TESTED



SOY
FREE



BOOSTS
ENERGY LEVELS

D-BHB KETONES ARE:

- ✓ Produced naturally by the body, we just don't make enough.
- ✓ A powerful energy source to feel your best.
- ✓ The preferred fuel for your brain, heart, and body.
- ✓ Packed with 225% more energy than glucose (sugar).
- ✓ Natural, hundreds of studies to prove it works, and no added Junk.

DIRECTIONS: Dissolve 1 stick in 12-16 oz. of cold water and shake vigorously. Can be taken with or without food. We always recommend that you consult your healthcare practitioner before taking any supplement.

Supplement Facts

Serving Size: 1 Sachet (15.1 grams)
Serving Per Container: 30

	Amount Per Serving	% DV
Calories	60	
Total Fat	4g	5%*
Saturated Fat	4g	21%*
Total Carbohydrate	2g	1%*
Vitamin D3 (as cholecalciferol)	25mcg	125%
Vitamin K2 (as menaquinone-7)	80mcg	67%
Vitamin B6 (as pyridoxine HCl)	50mcg	2941%
Vitamin B12 (as methylcobalamin)	50mcg	2083%
Calcium	120mg	9%
Sodium	440mg	19%
Magnesium	195mg	49%
Potassium	520mg	11%

Real Ketones Proprietary Blend 13.1g

Medium-chain triglyceride C8 powder, Sodium beta-hydroxybutyrate, Magnesium beta-hydroxybutyrate, Calcium beta-hydroxybutyrate, Potassium beta-hydroxybutyrate

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily value not established.

Other Ingredients: Citric Acid, Natural Flavor, Rebaudioside A (Stevia Extract), Xanthan Gum, Silicon Dioxide, Malic Acid

Distributed by: Real Ketones, LLC
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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CALIFORNIA CONSUMERS - PROP 65

WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov



**MADE IN
USA** with foreign and domestic ingredients