

SUGGESTED USAGE: Take 2 capsules daily, preferably in divided doses with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Ortho Thyroid™ has been carefully formulated to support thyroid and glandular activity, which are key factors to support optimal brain function and the production of energy.* With tyrosine and iodine, the two constituent nutrients of thyroid secretions, combined with specific B vitamins, zinc, selenium, and other trace minerals, this formula represents a comprehensive nutritional supplement for the support of healthy thyroid function.* Ashwagandha extract has also been included to complement the nutritional components of this formula.*

CAUTIONS/INTERACTIONS: If currently taking any thyroid medications, levodopa, methylphenidate, SNRIs, bupropion, warfarin, or MAO inhibitors, consult your healthcare practitioner prior to use. Tyrosine is contraindicated in those with the inborn errors of metabolism, alkaptonuria and tyrosinemia types I and II. Not intended for pregnant/nursing women. If you have a thyroid disorder, consult your healthcare practitioner prior to use. Discontinue use if rash/itching occurs.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE
P3368D
V16



PROTOCOL
FOR LIFE BALANCE®

Ortho Thyroid™

- Supports Healthy Thyroid Function*
- Nutrients for Healthy Metabolism*



90 Veg Capsules
A Dietary Supplement

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	2 mg	118%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B-12 (as Methylcobalamin)	60 mcg	2500%
Iodine (from Potassium Iodide)	225 mcg	150%
Zinc (from L-OptiZinc® - Zinc L-Methionine Complex)	25 mg	227%
Selenium (from L-Selenomethionine)	50 mcg	91%
Copper (from Copper Amino Acid Chelate)	1 mg	111%
L-Tyrosine (Free-Form)	1 g (1,000 mg)	†
Ashwagandha (<i>Withania somnifera</i>) (Root and Leaf) Standardized Extract (min. 2.5% Withanolides)	125 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Formulated & Distributed by Protocol For Life Balance
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protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

L-OptiZinc® is a registered trademark of InterHealth Corp.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

