

SUGGESTED USAGE: For mood and behavior support, take 1 - 2 level teaspoons twice daily; for the support of female hormonal balance, take 1 level teaspoon twice daily or take as directed by your healthcare practitioner.*

HOW IT WORKS: Inositol is a necessary component of all cellular membranes.* It is a member of the B-vitamin family that contributes to muscular and nerve function, and participates in the metabolism of fats in the liver.* Myo-Inositol is the most abundant form of this nutrient, with its highest concentrations being found in the brain and central nervous system.* Myo-Inositol in particular is a versatile nutrient for the promotion of emotional and mental wellness, healthy eating patterns, and restful sleep through its critical role in neurotransmitter messaging systems.* In addition, it is an important nutritional element for the maintenance of ovarian health and normal blood sugar maintenance, especially in women.*

CAUTIONS/INTERACTIONS: If you suffer from bipolar disorder, take only under the direction of your healthcare practitioner. No known drug interactions. May cause drowsiness; may cause mild, but transient gastrointestinal discomfort when used in higher doses.

CODE
P0529
V7



PROTOCOL
FOR LIFE BALANCE®

Myo-Inositol Powder

- Supports a Healthy Mood, Emotional Wellness, and Behavior*
- Healthy Ovarian Function*



NET WT. 1 LB. (454 g)

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 2 Level Teaspoons (approx. 6 g)
Servings Per Container about 76

Amount Per Serving

Inositol Powder (Myo-Inositol)	6 g (6,000 mg)**
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** Daily Value not established.

Other ingredients: None.

Distributed by Protocol For Life Balance
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protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Caution: Do not eat freshness packet enclosed.

Natural color variation may occur in this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.