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**SUGGESTED USE:** As a dietary supplement, take 1 capsule 1 to 2 times daily as needed, preferably on an empty stomach.

**POTENT:** This product has twice the L-Theanine (200 mg per capsules) as in our regular strength product (100 mg per capsule) and is enhanced with 100 mg of Inositol.

**WHAT IT IS:** L-Theanine is an amino acid naturally found in green tea. L-Theanine promotes relaxation without the drowsiness or negative side effects associated with other calming agents. L-Theanine also supports healthy cardiovascular function through this relaxing effect. This formulation also includes Inositol, a member of the B-Vitamin family that is essential for brain and nervous system health.\*

*Pure & natural*



# L-THEANINE

## EXTRA STRENGTH

SUPPORTS CARDIOVASCULAR FUNCTION  
SUPPORTS & PROMOTES RELAXATION  
DOUBLE STRENGTH

**60**  
CAPSULES

DIETARY SUPPLEMENT



Supplement Facts	
Serving Size: 1 Vegetable Capsules	
Serving Per Container: 60	
Amount Per Serving	%Daily Value
L-Theanine	200mg *
Inositol	100mg *
Percent Daily Values are based on 2,000 calorie diet.	
*Daily Value not established	

Other Ingredients: Rice Flour, Vegetable Cellulose, Magnesium Stearate, Silicone Dioxide

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

STORE IN A COOL, DRY PLACE AFTER OPENING.  
PLEASE RECYCLE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



QUALITY



VALUE



SERVICE



PURITY



**100%**

SATISFACTION  
GUARANTEED

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