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SUGGESTED USE: Two (2) vegetable capsules daily preferably with a meal or as directed by a healthcare professional.

POTENT: 1000mg Ashwagandha (*Withania somnifera*) per serving.

WHAT IT IS: Ashwagandha supports endurance, calm strength, and enduring vitality.* Being one of the world's oldest Ayurveda holistic (whole-body) support systems, it is based on the belief that health and wellness depend on a delicate balance between the mind, body, and spirit.*

Ashwagandha contains many useful compounds including alkaloids, choline, fatty acids, amino acids, and a variety of sugars.*



Pure & Natural

ASHWAGANDHA

EXTRA STRENGTH

SUPPORTS A HEALTHY NERVOUS SYSTEM
POWERFUL ADAPTOGENIC PROPERTIES
SUPPORTS ADRENAL HEALTH
1000MG PER SERVING

90
CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2: Vegetable Capsules Servings Per Container: 45

Amount Per Serving	
Ashwagandha (powder)	1000 mg

* Daily Value not established.

Other Ingredients: Vegetable cellulose, rice flour and vegetable magnesium stearate.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



100%

SATISFACTION
GUARANTEED

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QUALITY



VALUE



SERVICE



PURITY

