**DIRECTIONS:** As a dietary supplement, adults mix one scoop with 8-16 ounces of cold water in a shaker bottle and consume before, during or after exercise.

WARNING: KEEP OUT OF REACH OF CHILDREN. Do not use if pregnant or nursing. Not intended for use by persons under the age of 18 years. Consult a physician before using this product if you have any medical condition, if you require surgery, or if you are taking any over-thecounter or prescription medication. Use only as directed. Do not exceed recommended serving, as improper use of this product does not enhance results. Do not use if safety seal on this package has been broken. Store in a cool, dry place.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.













Dietary

Supplement

Net Wt. 5.29 OZ (150G)

## HYDRATION MIX





PHARMAFREAKEI





PINEAPPLE COCL Naturally Flavored & Sweet

## Supplement Facts

Serving Size: 1 Scoop (5 g) Servings per Container: 30

Amount per Serving	nt per Serving % Daily Va	
Sodium	39 mg	2%
PERFORMANCE COMPLEX	2,750 mg	Δ
Micronized Creatine Monohydrate	2,500 mg	Δ
Cherrypure® Montmorency tart	250 mg	Δ
(Prunus cerasus) whole cherry Powder		
ELECTRO COMPLEX	350 mg	Δ
Coconut water (Cocos nucifera) Fruit Powder	250 mg	Δ
Himalayan sea salt	100 ma	Δ

△% Daily value not established.

Other Ingredients: Citric Acid, Natural Flavors, Pineapple Fruit Powder, Rebaudioside A (From Stevia Leaf Extract), Silicon Dioxide. Contains: Tree Nuts (Coconut).



CherryPURE® is a registered trademark of Anderson Global Group, LLC.

PHARMAFREAKE

Manufactured for: SAGA Sciences USA Inc. 542 Mount Pleasant Rd. Toronto, ON M4S 2M7

1-888-674-0051

Manufactured in the USA from foreign and domestic ingredients

PFS19011 / 211013

