DIRECTIONS: As a dietary supplement, adults mix one scoop with 8-16 ounces of cold water in a shaker bottle and consume before, during or after exercise.

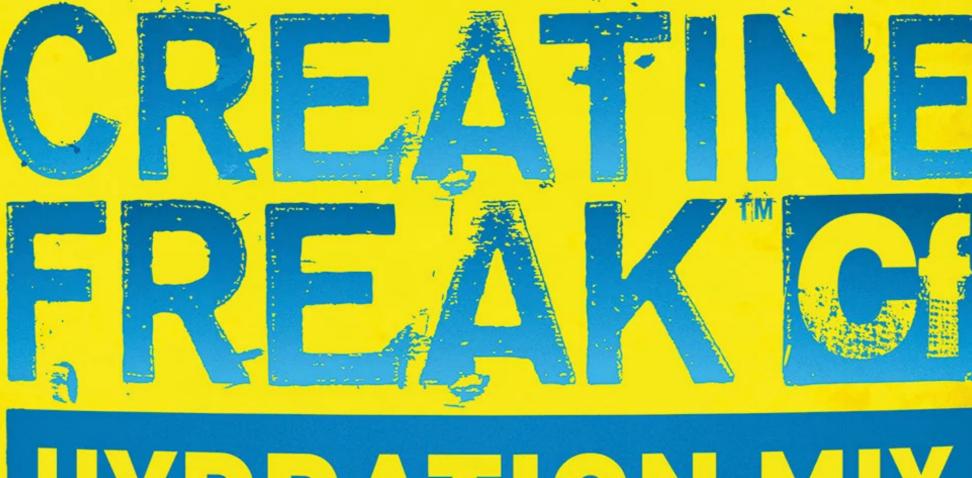
WARNING: KEEP OUT OF REACH OF CHILDREN. Do not use if pregnant or nursing. Not intended for use by persons under the age of 18 years. Consult a physician before using this product if you have any medical condition, if you require surgery, or if you are taking any over-thecounter or prescription medication. Use only as directed. Do not exceed recommended serving, as improper use of this product does not enhance results. Do not use if safety seal on this package has been broken. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.









HYDRATION MIX









Supplement Facts

PHARMAFREAKE!

Manufactured for:

SAGA Sciences USA Inc.

542 Mount Pleasant Rd.

Toronto, ON M4S 2M7

Manufactured in the

USA from foreign and

domestic ingredients.

PFS19011 / 211013

1-888-674-0051

Serving Size: 1 Scoop (5 g) Servings per Container: 30

Amount per Serving	% Dai		/ Value
Sodium		39 mg	2%
PERFORMANCE COMPLEX	2,	750 mg	Δ
Micronized Creatine Monohydrate	2,	500 mg	Δ
Cherrypure® Montmorency tart (Prunus cerasus) whole cherry Powder		250 mg	Δ
ELECTRO COMPLEX	,	350 mg	Δ
Coconut water (Cocos nucifera) Fruit Powder		250 mg	Δ
Himalayan sea salt	-	100 mg	Δ

Other Ingredients: Citric Acid, Natural Flavors, Pineapple Fruit Powder, Rebaudioside A (From Stevia Leaf Extract), Silicon Dioxide. Contains: Tree Nuts (Coconut).



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CREATINE FREAK

SCOOP

SHAKE





PERFORMANCE

Supplement

Net Wt. 5.29 OZ (150G)

PHARMAFREAKM®