



PROTOCOL
FOR LIFE BALANCE®

Adrenal Cortisol Support™

With Relora™

- Supports Healthy Adrenal Response*
- Appetite Management*

90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin C (from Calcium Ascorbate)	33 mg	37%
Pantothenic Acid (from Calcium Pantothenate)	10 mg	200%
Calcium (from Calcium Carbonate and Ascorbate)	12 mg	1%
Magnesium (from Magnesium Oxide)	8 mg	2%
Chromium (from Chromium Nicotinate Glycinate) (TRAACS™)	20 mcg	57%
Relora™ (Proprietary blend of <i>Magnolia officinalis</i> bark extract and <i>Phellodendron amurense</i> bark extract)	200 mg	†
Green Tea Extract (<i>Camellia sinensis</i>) (Leaf) [min. 50% EGCg (Epigallocatechin Gallate)]	90 mg	†
Ashwagandha Extract (<i>Withania somnifera</i>) (Root and Leaf)	20 mg	†
Holy Basil Extract (<i>Ocimum tenuiflorum</i>) (Leaf)	20 mg	†
Reishi Mushroom Powder (<i>Ganoderma lucidum</i>)	20 mg	†
Rhodiola Extract (<i>Rhodiola rosea</i>) (Root)	20 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Ascorbyl Palmitate and Silicon Dioxide.

Formulated & Distributed by Protocol For Life Balance
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

SUGGESTED USAGE: Take 1 capsule 3 times daily, or as directed by your healthcare practitioner.

HOW IT WORKS: Everyday life stress can impact adrenal production of cortisol and trigger stress-related eating. Adrenal Cortisol Support™ is a botanical and nutritional formulation that naturally supports a normal adrenal response and helps to promote healthy blood sugar management.* Adrenal Cortisol Support™ features Relora™, a proprietary herbal combination that has clinically demonstrated that it can support healthy cortisol levels, temporarily relieve perceived daily stress, and help manage nervous appetite.*

CAUTIONS/INTERACTIONS: Antacids and NSAIDS may affect the absorption of chromium. In addition, chromium may interact with insulin and other diabetes medications. If you are pregnant/lactating, are taking medications, or if you have a health condition, consult your healthcare practitioner before taking this product. Discontinue use if rash/itching occurs.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Natural color variation may occur in this product.

TRAACS™ is a trademark of Albion Laboratories, Inc.

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Store in a cool, dry place after opening.

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