

SUGGESTED USAGE: Take 1 tablet 2 to 4 times daily, or as directed by your healthcare practitioner.

Refrigeration recommended after opening.

HOW IT WORKS: SAME (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health.* Numerous studies have indicated that SAME can help to alleviate transient normal aches and pains resulting from overexertion or stress.* In addition, because SAME is also necessary for the synthesis of neurotransmitters, it plays an important role in the maintenance of a positive mood.*

CAUTIONS/INTERACTIONS: Theoretically, SAME could increase the effects and adverse effects of products that increase serotonin levels, including 5-hydroxytryptophan (5-HTP), Hawaiian baby woodrose, L-tryptophan, and St. John's wort. In addition, SAME may interact with MAO inhibitors, L-Dopa, antidepressants and other serotonergic drugs. Consult healthcare practitioner if pregnant/nursing, taking medication, or have a medical condition, especially bipolar or anxiety disorders.

Natural color variation may occur in this product.

CODE
P0141D
V4



**PROTOCOL
FOR LIFE BALANCE®**

SAMe
400 mg

- Supports Nervous System and Joint Health*
- Stabilized SAME, Smaller Tablet
- No Enteric Coating Needed

60 Tablets
A Dietary Supplement

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

SAMe (S-Adenosyl-L-Methionine) (from S-Adenosyl-L-Methionine Disulfate Tosylate)	400 mg**
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** Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Stearic Acid (vegetable source), Pharmaceutical Glaze, Magnesium Stearate (vegetable source), Silicon Dioxide, Glycerin, Sodium Alginate and L-Arginine.

Formulated & Distributed by Protocol For Life Balance
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protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.