

**SUGGESTED USAGE:** Take 1 capsule 2 to 4 times daily, or as directed by your healthcare practitioner.

**Refrigeration recommended after opening.**

**HOW IT WORKS:** SAME (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health.\* Numerous studies have indicated that SAME can help to alleviate transient normal aches and pains resulting from overexertion or stress.\* In addition, because SAME is also necessary for the synthesis of neurotransmitters, it plays an important role in the maintenance of a positive mood.\*

**CAUTIONS/INTERACTIONS:** Theoretically, SAME could increase the effects and adverse effects of products that increase serotonin levels, including 5-hydroxytryptophan (5-HTP), Hawaiian baby woodrose, L-tryptophan, and St. John's wort. In addition, SAME may interact with MAO inhibitors, L-Dopa, antidepressants and other serotonergic drugs. Consult healthcare practitioner if pregnant/nursing, taking medication, or have a medical condition, especially bipolar or anxiety disorders.

Natural color variation may occur in this product.

CODE  
P0127A  
V2



**PROTOCOL**  
**FOR LIFE BALANCE®**

**SAMe**

**200 mg**

- Supports Nervous System and Joint Health\*
- Stabilized SAME, Capsule Form
- No Enteric Coating Needed



**60 Veg Capsules**

A Dietary Supplement Vegetarian/Vegan

## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

SAMe (S-Adenosyl-L-Methionine)	200 mg**
(from S-Adenosyl-L-Methionine Disulfate Tosylate)	

\*\* Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Silicon Dioxide and Stearic Acid (vegetable source).

Formulated & Distributed by Protocol For Life Balance  
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA  
protocolforlife.com

Made in Canada with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.