

SUGGESTED USAGE: Take 3 capsules daily in divided doses (take 1 capsule in the morning and take 2 capsules two hours before sleep), or as directed by your healthcare practitioner.

HOW IT WORKS: Magnesium (Mg) is known to play a major role in cellular metabolism and is critical for normal nervous system function.* Recent research has demonstrated that Mg also helps to regulate neuronal synapse density and that availability of Mg in the brain is necessary for the stability and adaptability of these neuronal connections.* Magtein® (Magnesium L-Threonate) is a patented form of Mg that crosses the blood-brain barrier and is readily utilized in the brain.* Preclinical studies indicate that Magtein® may support healthy cognitive function, learning, and memory, and may promote a relaxed mood.*

CAUTIONS/INTERACTIONS: May cause drowsiness. Magnesium may interact with some antibiotics, diuretics, bisphosphonates, and muscle relaxants. In addition, many medications can affect magnesium absorption and excretion. If you are taking any medications, or if you are pregnant/nursing, consult your healthcare practitioner before using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE
P2390B
V5



**PROTOCOL
FOR LIFE BALANCE®**


Magtein®

Magnesium L-Threonate

- Delivers Magnesium to the Nervous System*
- Promotes Healthy Cognitive Function*



90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 3 Veg Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Magnesium (elemental) (from 2,000 mg Magtein® Magnesium L-Threonate)	144 mg	34%
Magtein® (Magnesium L-Threonate)	2 g (2,000 mg)	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Stearic Acid (vegetable source) and Silicon Dioxide.

Formulated & Distributed by Protocol For Life Balance
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Magtein® is protected under a family of US patents, pending patents, and is protected worldwide. Magtein® is a trademark of Magceutics®, Inc. and is distributed exclusively by AIDP, Inc.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.