

**SUGGESTED USAGE:** Take 3 capsules daily, or as directed by your healthcare practitioner.

**HOW IT WORKS:** Protocol For Life Balance® Glucosamine & Chondroitin with MSM combines three of the best known nutrients available for the support of healthy joints in one dietary supplement.\* Scientific studies have demonstrated that glucosamine and chondroitin can promote normal joint mobility and comfort.\* MSM is present as a naturally occurring sulfur compound for optimal nutritional support for the production of healthy joint structures.\*

**CAUTIONS/INTERACTIONS:** For adults only. Do not take if allergic to shellfish. Mild transient gastrointestinal manifestations may occur. Glucosamine should not have a significant impact on sensitivity to insulin, however regularly monitoring blood glucose levels for at risk individuals may be advised. May interact with anticoagulant/antiplatelet agents. Keep out of reach of children. The use of MSM can lead to the occurrence of an abnormal resonance in the *in vivo* brain proton MR spectrum as well as in an *in vitro* cerebrospinal fluid NMR study, hence should be revealed prior to undergoing these or related diagnostic tests.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Natural color variation may occur in this product.

CODE  
P3172B  
V7



**PROTOCOL  
FOR LIFE BALANCE®**

# Glucosamine & Chondroitin with MSM

- Joint Health\*
- Joint Mobility and Comfort\*



**180 Veg Capsules**  
A Dietary Supplement

## Supplement Facts

Serving Size 3 Veg Capsules    Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	< 1%**
Sodium	150 mg	7%
Glucosamine Sulfate (from 1,500 mg Glucosamine Potassium Sulfate Complex)	1.1 g (1,100 mg)	†
Chondroitin Sodium Sulfate (from Bovine Cartilage)	1.2 g (1,200 mg)	†
MSM (Methylsulfonylmethane)	300 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Contains shellfish (crab, shrimp, lobster, crayfish).

Formulated & Distributed by Protocol For Life Balance  
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA  
protocolforlife.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.