

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.  
 Formulated & Distributed by Protocol For Life Balance  
 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA  
[protocolforlife.com](http://protocolforlife.com)

\*\*MTHF = Methyltetrahydrofolate

**SUGGESTED USAGE:** Take 2 capsules daily with food, or as directed by your healthcare practitioner.

**HOW IT WORKS:** As co-factors in numerous biochemical reactions, B-complex vitamins are critical for energy production, normal nervous system function, blood cell production, and countless other metabolic processes.\* Our B Complex Neuro Factors has B vitamins in their activated co-enzyme states.

**CAUTIONS/INTERACTIONS:** If you are pregnant/nursing, consult your healthcare practitioner before using this product. This product contains Biotin which may interfere with some blood test results. Go to [protocolforlife.com/biotinlab](http://protocolforlife.com/biotinlab) for details.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quatrefolic® is a registered trademark of Gnosis S.p.A. and protected by U.S. Patent 7,947,662.

Store in a cool, dry place after opening.



CODE  
P0406  
V7



**PROTOCOL**  
**FOR LIFE BALANCE®**

# B Complex Neuro Factors

With Alpha Lipoic Acid  
and CoQ10

- Active Co-Enzyme Forms
- Nervous System Health\*

**60 Veg Capsules**

A Dietary Supplement Vegetarian/Vegan

## Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (from Magnesium Ascorbate)	60 mg	67%
Thiamin (Vit. B-1) (from Thiamin HCl and Cocarboxylase)	50 mg	4167%
Riboflavin (as Riboflavin & from Riboflavin-5-Phosphate Sodium)	50 mg	3846%
Niacin (Vitamin B-3) [from Inositol Hexanicotinate and NAD (Nicotinamide Adenine Dinucleotide)]	100 mg	625%
Vit. B-6 (from Pyridoxine HCl and P-5-P Monohydrate)	50 mg	2941%
Folate [from Quatrefolic® (6S)-5-MTHF** 680 mcg DFE Glucosamine Salt] [400 mcg (6S)-5-MTHF**]		170%
Vit. B-12 (as Methylcobalamin and Dibenzozide)	250 mcg	10,417%
Biotin	1,000 mcg	3333%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate and Pantethine)	50 mg	1000%
Choline (from Choline Bitartrate)	25 mg	5%
Betaine Anhydrous	50 mg	†
Alpha Lipoic Acid	50 mg	†
PABA (Para-Aminobenzoic Acid)	25 mg	†
Inositol (from Inositol Hexanicotinate, Inositol Hexaphosphate and Inositol)	30 mg	†
CoQ10 (Coenzyme Q10)	10 mg	†

† Daily Value not established.