

**SUGGESTED USAGE:** Take 1 capsule daily, or as directed by your healthcare practitioner.

**HOW IT WORKS:** Alpha-lipoic acid (ALA) is naturally produced in the human body in very small amounts, but is also available in some foods. ALA is unique in that it can function in both aqueous (water) and lipid (fat) environments, which allows it to easily cross biological membranes to exert its actions.\* ALA is known to recycle vitamins C and E and some other free radical quenchers, extending their activities.\* ALA also supports glutathione production, participates in healthy glucose metabolism, helps to support healthy neural tissues, and promotes healthy vascular function.\*

**CAUTIONS/INTERACTIONS:** Alpha-lipoic acid supplementation may interact with certain medications, especially anti-diabetes drugs. If you are taking any medications or if you are at risk for thiamin deficiency, or if you have a thyroid condition, consult your healthcare practitioner before using this product.

CODE  
P3042D  
V7



**PROTOCOL**  
**FOR LIFE BALANCE®**

# Alpha-Lipoic Acid

## 250 mg

- Supports Glutathione Production\*
- Universal Free Radical Quencher\*

**90 Veg Capsules**



A Dietary Supplement Vegetarian/Vegan



## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

Alpha-Lipoic Acid	250 mg**
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\*\* Daily Value not established.

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide.

Formulated & Distributed by Protocol For Life Balance  
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protocolforlife.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Natural color variation may occur in this product.

