

ENGN® PRE-WORKOUT, WHEN COMBINED WITH REGULAR TRAINING, IS ENGINEERED TO SUPPORT:

FOCUS*

Caffeine contributes to increased alertness and to improved attention in doses of at least 75 mg per serving. Do not exceed daily intake of 300 mg of caffeine.

ENERGY**

Vitamins B6, B12, and Thiamine contribute to normal energy-yielding metabolism.

PERFORMANCE***

Creatine increases physical performance in successive bursts of short-term, high intensity exercise.

SUGGESTED USE:
As a food supplement, take 1 scoop with 236 mL of cold water 15-30 minutes before training. To avoid sleeplessness, do not take within 4 hours of sleep.

Warning: Do not exceed the recommended daily dose. Do not consume more than 1 serving per day or within four hours of bedtime. This product should not be used as a substitute for a varied diet or a healthy lifestyle. Consult a physician prior to using this or any supplement or if you have any medical condition. High Caffeine content (300mg). Not recommended for children or pregnant or breast feeding women, do not use if you are caffeine, niacin, or beta-alanine sensitive. **KEEP OUT OF REACH OF CHILDREN, NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18.** Excessive caffeine may cause nervousness, sleeplessness, and occasional rapid heart rate. The beneficial effect of creatine is obtained with a daily intake of 3 g of creatine. Store in a cool, dry place.

For Best Before Date, please see the bottom of container.



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MADE IN THE USA

EVLNUTRITION.COM

@EVLsports #EVL

This product is made in the USA, has been distributed and manufactured by a (GMP) registered facility and contains ingredients of domestic and international origin.

Manufactured in the US for:
EVLUTION NUTRITION
Evlution Nutrition EU Customer Service
Westpoint, 4 Redheughs Rigg, South Gyle,
Edinburgh, Lothian Region,
EH12 9DQ, United Kingdom

ENGN®

PRE-WORKOUT ENGINE®
FOCUS* ○ ENERGY** ○ PERFORMANCE***



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BLUE RAZ

30 SERVINGS

NATURALLY AND ARTIFICIALLY FLAVOURED
NET WT 312g (11 OZ) BLUE RAZ FLAVOUR READY TO MIX FOOD SUPPLEMENT POWDER WITH SWEETENERS

Nutrition Information		
Serving Size 1 Scoop (10.4g)		Blue Raz
Servings Per Container 30		
Typical Values	Per Serving	%RI#
Vitamin B1 (Thiamine Mononitrate)	2.7mg	245%
Niacinamide (Nicotinamide)	35mg	219%
Vitamin B6 (Pyridoxine HCl)	2mg	143%
Folic Acid (Pteroylmonoglutamic acid)	800µg	400%
Vitamin B12 (Cyanocobalamin)	25µg	1,000%
Choline	205mg	†
Creatine Monohydrate	3,000mg	†
Beta-Alanine	1,600mg	†
Betaine Anhydrous	1,000mg	†
Choline Bitartrate	500mg	†
Caffeine Anhydrous	300mg	†
N-Acetyl L-Tyrosine	250mg	†
Olive Leaf Extract (40% Oleuropein)	5mg	†
† Reference Intake		
† Reference Intake not established		
INGREDIENTS: Creatine Monohydrate, Beta Alanine, Betaine Anhydrous, Acidity Regulators (Citric Acid, Malic Acid and Calcium Carbonate), Anti-Caking Agents (Silica and Calcium Silicate), Natural and Artificial Flavour, Choline Bitartrate, Caffeine Anhydrous, Sweeteners (Sucralose and Acesulfame Potassium), N-Acetyl L-Tyrosine, Niacinamide (Nicotinamide), Folic Acid, Olive Leaf Extract (40% Oleuropein), Vitamin B1 (Thiamine Mononitrate), Colour (Brilliant Blue), Vitamin B12 (Cyanocobalamin), Vitamin B6 (Pyridoxine HCl)		

Contains caffeine (300mg). Not recommended for children or pregnant women.