

Living life with your health and wellness in mind is living life well!

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast, Artificial Flavors or Colors. **Gluten Free.**

This product is not manufactured or distributed by Nature's Way Products, LLC, owner of the registered trademark Alive!®.

Proudly Manufactured by
21ST Century HealthCare, Inc.

2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
501474-0620N



**21ST
CENTURY.**

Wellify!™

LIVING LIFE WELL

COMPARE VS. ALIVE!® WOMEN'S ENERGY†



**WOMEN'S
ENERGY**

**MULTIVITAMIN MULTIMINERAL
FOOD-BASED BLEND**

DIETARY SUPPLEMENT **65 TABLETS**

gluten
free

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (30% as Beta-Carotene)	1,500 mcg 167%	Iron (as Ferrous Fumarate)	18 mg 100%
Vitamin C (as Ascorbic Acid)	60 mg 67%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU) 125%	Magnesium (as Magnesium Oxide)	50 mg 12%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13.5 mg 90%	Zinc (as Zinc Oxide)	15 mg 136%
Vitamin K (as Phytonadione)	80 mcg 67%	Selenium (as Sodium Selenate)	70 mcg 127%
Thiamin (as Thiamin Mononitrate)	3 mg 250%	Copper (as Copper Sulfate)	2 mg 222%
Riboflavin (Vitamin B-2)	3.4 mg 262%	Manganese (as Manganese Sulfate)	2 mg 87%
Niacin (as Niacinamide)	20 mg 125%	Molybdenum (as Sodium Molybdate)	75 mcg 167%
Vitamin B-6 (as Pyridoxine HCl)	4 mg 235%	Fruit & Vegetable Blend	100 mg **
Folate (400 mcg Folic Acid)	667 mcg DFE 167%	Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprouts, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach.	**
Vitamin B-12 (as Cyanocobalamin)	12 mcg 500%	Boron (as Amino Acid Chelate)	150 mcg **
Biotin (as d-Biotin)	300 mcg 1,000%	Lutein	100 mcg **
Pantothenic Acid (as d-Calcium Pantothenate)	15 mg 300%		
Calcium (as Calcium Carbonate)	500 mg 38%		

Other Ingredients: Cellulose, Maltodextrin, Croscarmellose Sodium, Dicalcium Phosphate. Contains 2% of: Gelatin, Guar Gum, Magnesium Stearate, Palm Olein, Rice Hull Concentrate, Stearic Acid, Sunflower Lecithin.

ACTUAL SIZE

