

Living life with your health and wellness
in mind is living life well!

Directions: As a dietary supplement, adults
take one (1) tablet daily with any meal or as
directed by a healthcare provider. Do not
exceed recommended dosage. Individual
results may vary.

Warning: Consult a healthcare provider prior
to use if pregnant, nursing, on medications,
have a medical condition or are planning a
medical procedure. Stop use and contact a
physician if adverse reactions occur.

Keep out of reach of children. Do not use
if product appears to be tampered with or
seal is broken. Store at room temperature.

No added Yeast, Artificial Flavors or Colors.
Gluten Free.

[†]This product is not manufactured or distributed by
Nature's Way Products, LLC, owner of the registered
trademark Alive!®.

Proudly Manufactured by
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CENTURY®

Wellify!™

LIVING LIFE WELL

COMPARE VS. ALIVE!® WOMEN'S 50+[†]



**WOMEN'S
50+ MULTIVITAMIN
MULTIMINERAL
FOOD-BASED BLEND**

DIETARY SUPPLEMENT **65 TABLETS**



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (30% as Beta-Carotene)	1,500 mcg 167%	Calcium (as Calcium Carbonate)	500 mg 38%
Vitamin C (as Ascorbic Acid)	90 mg 100%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU) 125%	Magnesium (as Magnesium Oxide)	50 mg 12%
Vitamin E (as d-Alpha Tocopheryl Acetate)	13.5 mg 90%	Zinc (as Zinc Oxide)	22.5 mg 205%
Vitamin K (as Phytonadione)	80 mcg 67%	Selenium (as Sodium Selenate)	70 mcg 127%
Thiamin (as Thiamin Mononitrate)	4.5 mg 375%	Copper (as Copper Sulfate)	2 mg 222%
Riboflavin (Vitamin B-2)	3.4 mg 262%	Manganese (as Manganese Sulfate)	4 mg 174%
Niacin (as Niacinamide)	20 mg 125%	Molybdenum (as Sodium Molybdate)	75 mcg 167%
Vitamin B-6 (as Pyridoxine HCl)	6 mg 353%	Fruit & Vegetable Blend	100 mg **
Folate	667 mcg DFE 167% (400 mcg Folic Acid)	Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprouts, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach.	**
Vitamin B-12 (as Cyanocobalamin)	100 mcg 4,167%	Boron (as Amino Acid Chelate)	150 mcg **
Biotin (as d-Biotin)	300 mcg 1,000%	Lutein	300 mcg **
Pantothenic Acid (as d-Calcium Pantothenate)	15 mg 300%		

Other Ingredients: Cellulose, Maltodextrin, Dicalcium Phosphate, Croscarmellose Sodium. Contains <2% of: Gelatin,
Guar Gum, Magnesium Stearate, Palm Olein, Rice Hull Concentrate, Stearic Acid, Sunflower Lecithin.

ACTUAL SIZE

