

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast or Artificial Flavors.

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

**21ST
CENTURY.**



Therapeutic-M



COMPARE VS. THERAGRAN-M®†

DIETARY SUPPLEMENT

130 TABLETS



†This product is not manufactured or distributed by Walgreen Co. Corporation, owner of the registered trademark Theragran-M®.

ACTUAL SIZE



Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
501560-0620N



Therapeutic-M

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Acetate & 20% as Beta-Carotene)	1,500 mcg 167%	Phosphorus (as Dicalcium Phosphate)	35 mg 3%
Vitamin C (as Ascorbic Acid)	90 mg 100%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin D ₃ (as Cholecalciferol)	10 mcg (400 IU) 50%	Magnesium (as Magnesium Oxide)	100 mg 24%
Vitamin E (as d-Alpha Tocopheryl Acetate)	27 mg 180%	Zinc (as Zinc Oxide)	15 mg 136%
Vitamin K (as Phytonadione)	28 mcg 23%	Selenium (as Sodium Selenate)	70 mcg 127%
Thiamin (as Thiamin HCl, B-1)	3 mg 250%	Copper (as Cupric Oxide)	2 mg 222%
Riboflavin (Vitamin B-2)	3.4 mg 262%	Manganese (as Manganese Sulfate)	2 mg 87%
Niacin (as Niacinamide)	20 mg 125%	Chromium (as Chromium Chloride)	50 mcg 143%
Vitamin B-6 (as Pyridoxine HCl)	6 mg 353%	Molybdenum (as Sodium Molybdate)	75 mcg 167%
Folate (400 mcg Folic Acid)	667 mcg DFE 167%	Chloride (as Potassium Chloride & B-6 HCl)	8 mg <1%
Vitamin B-12 (as Cyanocobalamin)	12 mcg 500%	Potassium (as Potassium Chloride & Potassium Iodide)	11 mg <1%
Biotin	30 mcg 100%	Boron (as Sodium Borate)	150 mcg **
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 200%	Tin (as Stannous Chloride)	10 mcg **
Calcium (as Calcium Carbonate & Dicalcium Phosphate)	145 mg 11%	Silicon (as Silicon Dioxide)	2 mg **
Iron (as Ferrous Fumarate)	9 mg 50%	Vanadium (as Sodium Metavanadate)	10 mcg **

** Daily Values not established.

Other Ingredients: Cellulose, Stearic Acid, Gelatin, Starch. Contains <2% of: Artificial Colors (FD&C Blue #2 Carmine, FD&C Red #40), Croscarmellose Sodium, Magnesium Silicate, Magnesium Stearate, Maltodextrin, PEG, Polyvinyl Alcohol, Titanium Dioxide.

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